# Curriculum Vitae Elizabeth Machado

#### **EDUCATION**

# 8/12-12/17 (expected): Ph.D., Clinical Psychology

Nova Southeastern University, College of Psychology, Fort Lauderdale, FL. American Psychological Association accredited clinical psychology program.

**Concentration: Health** 

# 8/12-8/14: M.S., Clinical Psychology

Nova Southeastern University, College of Psychology, Fort Lauderdale, FL

**8/07-5/11: B.A., Health Sciences** (Cum Laude). Major: Health Sciences, College of Public Health and Health Professions, University of Florida, Gainesville, FL.

#### LANGUAGES SPOKEN

Spanish – fluent (speech, reading, writing)

#### **CLINICAL EXPERIENCE**

## 7/16- 7/17: Psychology Resident

Child and Adolescent Psychiatry and Psychology. MetroHealth Medical Center, Cleveland, OH.

**Autism Assessment** Clinic:

Assisted in and completed Autism evaluations using the Autism Diagnostic Observation Schedule, 2<sup>nd</sup> Edition in an interdisciplinary Autism assessment clinic. Participated in interdisciplinary case discussion and coordinated treatment plans. Wrote integrated assessment reports.

Supervisor: Melissa Armstrong-Brine, Ph.D.

Neuropsychological Assessment:

Completed neuropsychological and psychoeducational assessments of common childhood disorders, neurocognitive dysfunctions and neurodevelopmental disorders. Interpreted a variety of psychological, neuropsychological and developmental assessments, and validated measures of functioning. Wrote integrated assessment reports.

Supervisor: Melissa Armstrong-Brine, Ph.D.

Pediatric Primary Care:

Functioned as part of an integrated multidisciplinary team in three pediatric primary care clinics in a public hospital. Provided psychological consultations and provided brief intervention services. Administered validated screening questionnaires to a pediatric population assessing for developmental delays. Consulted with physicians to formulate patient treatment plans and

recommendations. Collaborated with medical residents and engage in

bi-directional teaching.

Supervisor: Terry Stancin, Ph.D., ABPP & Lisa Ramirez-Shah,

Ph.D.

# **Child and Adolescent Outpatient Clinic:**

Utilized evidence based interventions and provided psychological outpatient services to children and adolescents in a co-located pediatric psychology and psychiatry clinic located in a public hospital. Treated a variety of psychological and behavioral disorders in the outpatient setting. Communicated with local schools regarding special education services and academic recommendations. Supervisor: Britt Nielsen, Psy.D., ABPP & Marsheena Murray,

Ph.D., ABPP

## **Family Medicine:**

Provided co-therapy to adults presenting in a family medicine clinic for a variety of mental health concerns. Supported primary psychologist in delivery of services and referrals. Participated in routine medical visits with medical residents and provided education on surveillance and screening for mental health concerns. Supervisor: Eric Berko, Ph.D. & Lisa Ramirez-Shah, Ph.D.

# Consultation-Liaison:

Responded to a variety of pediatric medical inpatient consultations. Completed mental health screenings and provided brief interventions throughout admission. Provided medical team with support and education around behavioral components to medical illnesses and reactions to hospitalization.

Supervisor: Britt Nielsen, Psy.D., ABPP

#### **Endocrine Clinic:**

Worked closely with pediatric endocrinologist, endocrine nurse practitioner and nutritionist and provided integrated services to patients presenting with a variety of endocrine-related disorders and transgender youth. Screened for mental health difficulties. Provided brief intervention in order to improve adherence, management of chronic illness and mood functioning.

Supervisor: Britt Nielsen, Psy.D., ABPP

## 8/15- 6/16: Psychology Trainee (Elective Practicum)

Sports Medicine Clinic. Nova Southeastern University, Fort Lauderdale, FL.

**Responsibilities:** Completed a semi-structured interview regarding possible concussive injury to individuals presenting following head trauma in a university sports medicine clinic. Administered cognitive and physical balance assessments to children, adolescents and college aged individuals. Interpreted results of evaluation and consulted with physician and medical team on each case in order to assess for concussion, diagnose and formulate treatment plan. Wrote integrated reports. Provided individual therapy for adolescents and college age student athletes. Utilized cognitive-behavioral therapy, mindfulness techniques and behavioral interventions. Presented athletic teams with psychoeducational presentations on peer relations, healthy team dynamics and stress management. Organized and facilitated team building exercised for college athletic teams throughout the training seasons.

Supervisor: Stephen Russo, Ph.D.

## 8/14-8/15: Psychology Trainee

Behavioral Health, Psychology. Chris Evert Children's Hospital and Broward Health Medical Center, Fort Lauderdale, FL.

Responsibilities: Provided psychological consultations for pediatric and adult patients and families. Provided services in the Pediatric Intensive Care, Neonatal Intensive Care, Pediatric Care, Cardiovascular Intensive Care, Cardiac Progressive Care, Respiratory Care, General Medical/Surgical, and Level 1 Trauma Center units. Conducted follow up visits throughout the hospital with patients and provided psychotherapeutic interventions and referrals. Provided evidence based psychological interventions and supportive services to outpatient cancer, pulmonary and cardiac patients through the Wellness Rehabilitation Center, and Oncology and Infusion Center. Conducted group therapy for the adult Behavioral Health unit inpatients. Administered personality and cognitive assessments when applicable. Attended trauma, pediatric, and stroke rounds. Presented to hospital staff and patients on various topics.

Supervisor: Micah Price, Psy.D. Intensive Supervisor: Ana Fins, Ph.D.

# 8/13-8/14: Psychology Trainee

ADHD Assessment, Consultation & Treatment (AACT) Program. Nova Southeastern University, Psychological Services Center, Fort Lauderdale, FL.

Responsibilities: Conducted psychoeducational assessments and diagnostic interviews with children, adolescents and their families. Wrote psychoeducational reports. Provided individual and family therapy services to parents and children. Utilized behavioral parent training, cognitive-behavioral therapy, and social skills training interventions. Attended Individualized Education Program meetings, consulted with school staff, and provided behavioral classroom intervention services. Completed direct behavioral observation sessions of children in school and classroom settings.

**Supervisor:** David Reitman, Ph.D.

#### OTHER CLINICAL EXPERIENCE

**06/14-06/16:** Clinic Coordinator: ADHD Assessment Consultation and Treatment (AACT) Program, Psychological Services Center, Nova Southeastern University, Fort Lauderdale, FL. **Responsibilities:** Provided psychoeducational presentations to students and assist with formal group supervision on a weekly basis. Advise graduate level psychology trainees on clinical practicum cases. Provided recommendations regarding assessment and treatment. Managed the clinic database. Completed clinic screenings for prospective clients and collect and manage data from clinical cases.

**Supervisor:** David Reitman, Ph.D.

**8/10-8/11: Testing Assistant:** North Gainesville Neuropsychology Associates. Gainesville, FL **Responsibilities:** Administered intelligence, cognitive, projective and self-report measures to adult clients. Completed intake reports, scored and interpreted assessments and generated integrated reports.

Supervisor: Ernest Bordini, Ph.D.

#### RESEARCH EXPERIENCE

**8/14-6/16: Research Assistant,** Liver Transplant List Inclusion, Broward Health Medical Center, Fort Lauderdale, FL and Nova Southeastern University, Fort Lauderdale, FL. **Grant Title:** Quality of Life Faculty Community Based Applied Research Grant

**Responsibilities:** Assisted in data collection, management and entry. Aided in the statistical analysis of the data. Communicated with the primary investigators regarding collection process and findings. Participated in weekly meetings with the primary investigators. Assisted in update and amendment of the Institutional Review Board document. Contributed to the generation of research hypotheses, conference abstract submissions and manuscripts. Attended relevant research conventions.

Supervisor: Micah Price, Psy.D. and Barbara Garcia Lavin, Ph.D.

**8/12-4/16: Research Assistant**, Mailman Center for Child Development at Miller School of Medicine, Parent Focused Intervention to Improve Academic Success in Children with SCD, Miami, FL. **Grant Title**: Ryan White Research Grant

**Responsibilities:** Administered and scored neuropsychological assessments and psychosocial measures to pediatric research participants and parents. Completed semi-structured parent/caregiver interview. Wrote neuropsychological reports and provided participants with feedback. Managed data coding and entry. Assisted in statistical analysis of the data and report findings in a timely manner. Scheduled and attended monthly research meetings with research assistants and primary investigators. Updated research team on progress and status of data collection. Generated and investigated research hypotheses. Contributed to conference submissions, manuscripts and poster presentations.

Supervisor: Wendy Sulc, Ph.D.

**5/13-8/14: Graduate Research Assistant and SACERS Coach.** Project Rise, Nova Southeastern University, Fort Lauderdale, FL. **Grant Title:** Children's Trust of Miami Dade County.

**Responsibilities:** Conducted scheduled out of school program evaluations in Miami-Dade County in order to identify and improve upon program components. Administered and scored SACERS assessment and provided feedback for the site in order to enhance the quality of out of school programs in the areas of staff/child interactions, peer relations, physical equipment, room layouts, and physical activity efficacy.

**Supervisor:** David Reitman, Ph.D. and Jean Thaw, Ph.D.

**5/11-12/11: Research Assistant**. University of Florida, Cognitive and Language Development Lab, Gainesville, FL.

**Responsibilities**: Recruited participants meeting inclusionary criteria for dissertation study. Administered intelligence, executive functioning and theory of mind assessments, in both English and Spanish, to preschool-age participants in order to measure development of theory of mind and language in children.

**Supervisor:** Vanessa Diaz, M.S. and Jeffrey Farrar, Ph.D.

#### TEACHING AND TRAINING

### **Teaching Assistant**

**2014: Graduate Teacher's Assistant.** Nova Southeastern University, College of Psychology. **Course**: PSY1408 Child and Adolescent Psychopathology. Collaborated with the instructor to redesign the course based on the most up to date diagnostic criteria as specified in the DSM 5. Provide exam review sessions and grade written assignments. Proctor and grade course exams. **Instructor:** Diana Formoso, Ph.D.

## **Invited Guest Lecturer Opportunities**

**5/17.** Community Referrals in a Pediatric Primary Care Clinic. Presented to the pediatric and medicine/pediatric medical residents and physician attendings of the Pediatric and Medicine/Pediatric department at MetroHealth Medical Center, Cleveland, OH.

**3/17.** *Physician-Patient Communication Strategies: Medically Unexplained Symptoms.* Presented to the pediatric medical residents and physician attendings of the Pediatric Primary Care Clinic at MetroHealth Medical Center, Cleveland, OH.

**01/17.** Pediatric Anxiety: Screening for and Treating Anxiety in Pediatric Primary Care. Presented to the pediatric and medicine/pediatric medical residents and physician attendings of the Pediatric and Medicine/Pediatric department at MetroHealth Medical Center, Cleveland, OH.

**12/16.** *Pediatric Anxiety: Identifying and Treating Anxiety in Family Medicine.* Presented to the family medicine medical residents and psychology fellows of the Family Medicine clinic at MetroHealth Medical Center, Cleveland, OH.

**09/16.** Complex Families in a Primary Care Setting. Presented to the pediatric medical residents and physician attendings of the Pediatric department at MetroHealth Medical Center, Cleveland, OH.

**8/14; 12/14; 2/15.** *Transtheoretical Model of Change for a Cardiac Population.* Presented to staff and members of the Cardiac and Pulmonary Wellness Program of Broward Health Medical Center, Broward Health Medical Center, Fort Lauderdale, FL.

1/15. *Practicing with Cultural Competence*. Presented to Psychology department at Broward Health Medical Center, Fort Lauderdale, FL.

# **PUBLICATIONS/PROFESSIONAL PRESENTATIONS Oral Presentations**

Tsikis, J., **Machado, E.,** Suarez, C., Cuadra, A., Sulc, W., Villa, M., Goldman, M., & Armstrong, F.D. (2014, August) *Externalizing Behavior Problems and Family Environment* 

*in Pediatric Sickle Cell Disease*. Presentation delivered to the 122<sup>nd</sup> American Psychological Association Annual Convention, Washington, D.C.

#### **Poster Presentations**

- Marwaha, R., Pajek, J., Newton, K., **Machado, E.**, Maixner, A., & Stancin, T. (2017, October). Psychopharmacology Consultation Facilitated by Integrated Psychology Residents in a Pediatric Continuity Care Clinic: A Feasibility Study. Poster presented at the
  - 2017 Annual Meeting of the Society for Developmental and Behavioral Pediatrics, Cleveland, OH
  - 64<sup>th</sup> Meeting of the American Academy of Child and Adolescent Psychiatry, Washington, D.C.
- McCaffrey, S., **Machado, E.,** & Reitman, D. (2015, November). *Psychometric Functioning of the MAAS in an Ethnically Diverse Sample of Parents*. Poster presented at the 49<sup>th</sup> Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
- McCaffrey, S., **Machado, E.,** & Reitman, D. (2015, November). *The Relation Between Parenting and Intra and Interpersonal Mindfulness in Ethnically Diverse Caregivers*. Poster presented at the 49<sup>th</sup> Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
- Polster, D., **Machado, E.,** Price, M., & Ricardi, T. (2015, April). *Assessing Differences in Liver Transplant Inclusion Based on Psychosocial Factors*. Poster presented at the 23<sup>rd</sup> Annual United Network for Organ Sharing Convention, San Diego, CA.
- **Machado, E.,** Tsikis, J., Cuadra, A., Thompson, W., Goldman, M., & Armstrong, F.D. (2015, February). *Parenting Stress and Family Environment in Pediatric Sickle Cell Disease*. Poster presented at the 8<sup>th</sup> Biennial Niagara Evidence-Based Approaches for Child and Adolescent Mental Health Conference, Miami, FL.
- McCaffrey, S., **Machado**, E., & Reitman, D. (2015, February). *Intrapersonal vs. Interpersonal Mindfulness: Examination of mindfulness within the parent-child relationship.* Poster presented at the 8<sup>th</sup> Biennial Niagara Evidence-Based Approaches for Child and Adolescent Mental Health Conference, Miami, FL.
- McGregor, S., Reitman, D., Black, R., & **Machado, E.** (2014, November). *Mindfulness in Parenting Questionnaire (MIPQ): Development and validation of measure of mindful parenting.* Poster presented at the 48<sup>th</sup> Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- Reitman, D., McGregor, S., & Machado, E. (2013, November). The Defensive Responding Scale of the Parenting Stress Index: Reliability and validity in the context of psychoeducational

*assessment.* Poster presented at the 47<sup>th</sup> Association for Behavioral and Cognitive Therapies Convention, Nashville, TN.

#### **EDITORIAL EXPERIENCE:**

**2016: Mentored Journal Review** with Britt Nielsen, Psy. D. Reviewer for the Journal of Developmental and Behavioral Pediatrics.

**2013-2016: Mentored Journal Reviews** with David Reitman, Ph. D., editorial board member of Behavioral Modification and Child and Family Behavior Therapy. Guest reviewer for the Journal of Family Violence and the Journal of Applied Behavioral Sciences.

#### PROFESSIONAL AFFILIATIONS

- American Psychological Association, 2012 present Society of Pediatric Psychology (Division 54), student member, 2012 - present Clinical Child & Adolescent Psychology (Division 53) student member, 2012-present
- Association for the Psychological Sciences, *student member*, 2012 present
- Association for Behavioral and Cognitive Therapies, student member, 2012—present

#### OFFICES IN PROFESSIONAL ORGANIZATIONS

• 2014—2015 Training and Professional Development chair, Teaching of Psychology Division of Graduate Students, College of Psychology, Nova Southeastern University, Fort Lauderdale, FL.

## **AWARDS**

• Dean's List 2009-2012, University of Florida, Gainesville, FL

#### **VOLUNTEER EXPERIENCE & ORGANIZATIONS**

8/10-8/12: Child Life Aide Volunteer, Shands Children's Hospital, Gainesville, FL.

**Responsibilities:** Supervised play in pediatric unit of hospital. Encouraged expression through arts and crafts, group play, theatre and music. Facilitated appropriate activities for room-bound patients unable to travel to play room. Provided companionship and support to patients facing difficult and stressful medical procedures.

1/08-4/11: Member, Alpha Phi Omega, University of Florida, Gainesville, FL.

**Responsibilities:** Organized service projects in order to encourage members to participate in philanthropic activities benefiting a variety of charities including Dance Marathon for the Children's Miracle Network. Participated in various service projects. Fund raiser for multiple causes and organizations. Engaged in community outreach, while working towards the common goal of community service and campus improvement.

1/09-4/09: Student Volunteer, Tacachale Developmental Disability Center, Gainesville, FL. **Responsibilities:** Assisted residents with activities of daily living while encouraging their independence. Provided care to Spanish speaking residents.

# **WORK-RELATED EXPERIENCE**

3/12- 8/12: Administrative Assistant, Carrillo & Carrillo Law Office, Gainesville, FL Responsibilities: Provided administrative support to firm partners specializing in medical claims. Provided transcription services for competency evaluations. Answered phones, drafted motions and prepared files for court proceedings. In addition, provided translation services for Spanish-speaking clients.

Supervisor: Matthew Carrillo, P.A.

7/11-3/12: Administrative/Clinic Assistant, Sarkis Family Psychiatry, Gainesville, FL Responsibilities: Screened patients for clinical trials through phone interview. Measured and recorded patient vitals. Issued refill prescriptions for medications. Translator between practitioners and Spanish-speaking clients.

Supervisor: Michael Johnson, M.D.