

Ciana Mickolus
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Licensure

State of Florida, Psychologist
PY 9627

August 2016 - present

Education

Doctor of Clinical Psychology (Psy.D.)

August 2010 - August 2015

Center for Psychological Studies
Nova Southeastern University
Fort Lauderdale, FL
(American Psychological Association accredited program)

M.S. in Clinical Psychology

August 2010 - May 2012

Center for Psychological Studies
Nova Southeastern University
Fort Lauderdale, FL

B.A.

August 2006 - May 2010

Majors: Psychology; French Language and Literature
University of Virginia
Charlottesville, VA

Clinical Experience

Licensed Psychologist

August 2020 – present

Neurobehavioral Institute
2233 North Commerce Parkway
Weston, Florida 33326

The Neurobehavioral Institute, established in 2000, specializes in the treatment of Obsessive-Compulsive Disorder, Anxiety Disorders, and other related disorders in children, adolescents, and adults. The clinic offers services at the partial hospitalization, intensive outpatient, and outpatient levels of care. Additionally, the NBI Ranch provides a supported residential component for clients to practice skills in a home environment.

Responsibilities as a licensed psychologist:

- Provide in-person and virtual services, to include individual and group therapy, and family interventions, to clients with primary OCD/anxiety/related disorders and co-occurring

disorders (including, but not limited to substance use, mood, trauma, and personality disorders). Interventions include, but are not limited to, techniques from CBT including ERP, DBT, and ACT.

- Conduct diagnostic and risk assessments.

Primary Therapist (Psychologist)

November 2018 – August 2020

Oliver-Pyatt Centers
6100 SW 76th St
South Miami, FL 33143

Oliver-Pyatt Centers, a Monte Nido Affiliate, provides treatment programs for clients with eating disorders from diverse backgrounds. Treatment, grounded in mindfulness and intuitive eating, is offered at the residential, partial hospitalization, and intensive outpatient levels of care. Oliver-Pyatt Centers is accredited by the Joint Commission.

Responsibilities as a primary therapist:

- Provided in-person and virtual services to include crisis counseling, individual and group therapy, and family interventions to clients with primary eating disorders and co-occurring disorders (including, but not limited to, substance use, mood/anxiety, trauma, and personality disorders). Interventions included, but were not limited to, techniques from CBT, DBT, ACT, and CPT.
- Provided therapeutic meal support both in the treatment setting and in the community.
- Conducted biopsychosocial and risk assessments.

Psychologist

November 2016 – November 2018

Wellpath (formerly Correct Care, LLC)
Treasure Coast Forensic Treatment Center
96 SW Allapattah Road
Indiantown, FL 34956

Treasure Coast Forensic Treatment Center has 224 treatment beds, serving forensically-committed males with serious mental illness. The treatment center is a private, maximum-security facility, operated by Wellpath (formerly Correct Care Recovery Solutions, LLC), under contract with the State of Florida's Department of Children and Families. The facility is accredited by the Joint Commission.

Responsibilities as a psychologist:

- Completed psychological assessments, including competency assessments, with reports forwarded to the court of commitment.
- Provided expert testimony to the court when subpoenaed.
- Conducted suicide and violence risk assessments.
- Implemented individualized behavior plans for committed residents.
- Provided consultation and education to interdisciplinary treatment teams.
- Provided individual and group supervision to psychology pre-doctoral interns and post-doctoral psychology residents.

Elective contributions:

- Provided training entitled "Professional Boundaries" during New Employee Orientation.

- Member of the Hazard Assessment Team, an inter-disciplinary committee that identified and implemented safety improvements at the facility.

Senior Behavioral Analyst (Licensed Psychologist) September 2016 - November 2016
 Northeast Florida State Hospital
 7487 Florida 121
 Macclenny, FL 32063

Northeast Florida State Hospital has 600+ treatment beds, serving both forensically and civilly committed individuals with serious mental illness. The facility is operated by the State of Florida's Department of Children and Families.

Responsibilities as a staff psychologist:

- Provided clinical input and consultation to interdisciplinary treatment teams.
- Conducted functional and psychological assessments.
- Conducted functional behavioral analysis assessments and implemented behavior plans.
- Conducted violence risk assessments using the HCR-20 Version 3; conducted suicide risk assessments.
- Provided individual therapy, brief counseling, and crisis counseling to individuals with serious mental illness.
- Conducted psychoeducational treatment groups with individuals who were forensically and civilly committed. Skills and topics of discussion included, but were not limited to: DBT coping skills, CBT techniques, mental illness, self-esteem promotion, and relapse prevention.

Elective administrative contributions:

- Conducted group and individual supervision of interns in the APA-accredited pre-doctoral internship program; and aided in general internship program development.
- Development, implementation, and maintenance of a pilot token economy program, which included training staff in basic behavioral interventions.
- Project Manager for two Continuous Quality Improvement Projects (*Increase On-Time Psychology Department Assessments*, and *Improving Therapeutic Ward Milieu*).
- Provided trainings to hospital employees, including a New Employee training entitled "Professional Boundaries."
- Provided Critical Incident Stress Debriefing to staff members.

Behavioral Analyst (Post-Doctoral Psychology Resident) August 2015 - August 2016
 Northeast Florida State Hospital
 7487 Florida 121
 Macclenny, FL 32063

Northeast Florida State Hospital has 600+ treatment beds, serving both forensically and civilly committed individuals with serious mental illness. The facility is operated by the State of Florida's Department of Children and Families.

Direct Supervisor: Jennifer Slusarz-Conroy, Psy.D.

Responsibilities as a psychology staff member:

- Provided clinical input and consultation to interdisciplinary treatment teams.
- Conducted functional and biopsychosocial assessments.

- Conducted functional behavioral analysis assessments and implemented behavior plans.
- Conducted violence risk assessments using the HCR-20 Version 3; conducted suicide risk assessments.
- Provided individual therapy, brief counseling, and crisis counseling to individuals with serious mental illness.
- Conducted psychoeducational relapse prevention treatment groups with individuals who were adjudicated Not Guilty by Reason of Insanity.
- Conducted competency restoration groups with those who were found Incompetent to Proceed.

Elective administrative contributions:

- Conducted tiered group and individual supervision of interns in the APA-accredited pre-doctoral internship program; screened intern applications; interviewed intern applicants; and aided in general internship program development.
- Co-Project Manager for two Continuous Quality Improvement Projects (*Increase On-Time Psychology Department Assessments*, and *Improving Therapeutic Ward Milieu*).
- Conducted approximately 10 focus groups at Florida State Hospital, concerning staff relations and perception of administrative leadership.
- Authored two articles on the topic of stress management for the hospital's internal staff newsletter.
- Provided trainings to hospital employees, including a New Employee training entitled "Professional Boundaries."
- Provided Critical Incident Stress Debriefing to staff members.

Behavioral Specialist (Psychology Intern)

August 2014 - August 2015

Northeast Florida State Hospital

7487 Florida 121

Macclenny, FL 32063

Director of Intern Training: Theresa Baker, Psy.D.

The Northeast Florida State Hospital psychology internship program is accredited by the American Psychological Association. The hospital has 600+ treatment beds, serving both forensically and civilly committed individuals with serious mental illness. The facility is operated by the State of Florida's Department of Children and Families.

Major Rotation: General (approximately 6 months)

Direct Supervisor: Henry Benson, Ph.D.

Hours: Approximately 32-34 hours per week

- Conducted group therapy, incorporating DBT skills and symptom management skills.
- Conducted psychoeducational relapse prevention treatment groups with individuals who were adjudicated Not Guilty by Reason of Insanity.
- Conducted competency restoration groups with those who were found Incompetent to Proceed.
- Provided individual therapy and brief counseling to individuals with serious mental illness.
- Provided clinical input and consultation to interdisciplinary treatment teams.
- Conducted functional and biopsychosocial assessments; administered and interpreted cognitive and psychological assessment batteries.

Major Rotation: Forensic (approximately 6 months)

Direct Supervisor: Darah Granger, Psy.D.

Hours: Approximately 32-34 hours per week

- Conducted psychoeducational relapse prevention treatment groups with individuals who were adjudicated Not Guilty by Reason of Insanity.
- Conducted competency restoration groups with those who were found Incompetent to Proceed.
- Conducted competency evaluations with individuals found Incompetent to Proceed.
- Conducted conditional release evaluations with individuals adjudicated Not Guilty by Reason of Insanity.
- Conducted violence risk assessments using the HCR-20 Version 3.
- Provided clinical input and consultation to interdisciplinary treatment teams.
- Provided individual therapy and brief counseling to individuals with serious mental illness.
- Conducted functional and biopsychosocial assessments; administered and interpreted cognitive and psychological assessment batteries.

Elective Minor Rotation: Administration (approximately 10 months)

Direct Supervisor: Jennifer Slusarz-Conroy, Psy.D.

Hours: Approximately 6-8 hours per week

- Developed a working knowledge of hospital functions including policy-making procedures, roles and responsibilities of senior leadership, and administrative response to the Department of Children and Families leadership assignments and funding changes, via attendance in administrative meetings and shadowing of hospital administrators.
- Developed a policy to implement Critical Incident Stress Debriefing for hospital staff.
- Developed a New Employee Orientation and annual staff training on stress management, to include psychoeducation regarding critical incident stress reactions.
- Provided Critical Incident Stress Debriefing to staff members.

Practicum Student/Psychology Trainee (Elective Practicum) August 2013 - May 2014

Miami VA Healthcare System

1201 Northwest 16th Street

Miami, FL 33125

The Bruce W. Carter Department of Veterans Affairs Medical Center is a 432-bed hospital facility, with 28 beds on their inpatient psychiatry unit.

Site Supervisor: Teresa Rosario, Ph.D.

Hours: Approximately 20 hours per week

- Conducted group therapy with veterans with a broad range of diagnoses in an acute inpatient setting.
- Provided individual therapy to veterans with a broad range of diagnoses in an acute inpatient setting.
- Provided clinical input in interdisciplinary treatment team meetings.

Practicum Student/Psychology Trainee

August 2012 - August 2013

Memorial Regional Hospital

3501 Johnson Street

Hollywood, FL 33201

Memorial Regional Hospital is an 800-bed general medical facility, with 13 beds on the inpatient psychiatry child and adolescent unit, and 22 beds each in the psychiatric inpatient adult mood disorder and thought disorder units.

Site Supervisor: Marcelle G. Smith, Psy.D.

Intensive Supervisor: Maria Fimiani, Psy.D.

Hours: Approximately 20 hours per week

- Conducted biopsychosocial interviews with children and adults with a broad range of diagnoses in an acute inpatient setting.
- Conducted group therapy with children and adults with a broad range of diagnoses in an acute inpatient setting.
- Provided clinical input to weekly interdisciplinary treatment team meetings.
- Provided weekly outpatient clinical services (biopsychosocial interviews, ongoing assessment, cognitive-behavioral therapy- and interpersonal therapy-focused treatment) to adults with a broad range of diagnoses.

Practicum Student/Psychology Trainee

August 2011 - August 2012

Henderson Behavioral Health

Central Branch

330 S.W. 27th Avenue

Fort Lauderdale, FL 33312

Henderson Behavioral Health is South Florida's oldest and largest not-for-profit community mental health provider, with 20 sites providing services and 650 housing units.

Site Supervisor: Jean Bratcher, Psy.D.

Intensive Supervisor: Nicole Swaggerty-Valdes, Ph.D.

Hours: Approximately 16 hours per week

- Conducted individual therapy with adult clients diagnosed with a broad range of diagnoses (ranging from psychosis to adjustment disorder).
- Conducted biopsychosocial interviews with adult clients.

Teaching Experience

Teaching Assistant for "Behavioral Science"

Winter Semesters 2013 and 2014

College of Dental Medicine

Health Professions Division

Nova Southeastern University

Fort Lauderdale, FL

- Provision of instruction and evaluation of approximately 129 third-year dental students in behavioral medicine topics.
- Co-facilitated small groups in interactive didactics covering course material.
- Co-facilitated live lecture demonstrations of intervention strategies.
- Assessment of students' weekly written assignments with provision of descriptive feedback.
- In-vivo assessment/dental clinic precepting of doctor/patient communication skills with provision of written feedback.

- Development of test questions for written exam.
 - Administration and proctoring of written exam.
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Organization Memberships

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| Florida Psychological Association Member | 2017 - present |
| American Psychological Association Member | 2015 - present |